What does that mean?

Germany wants to protect its inhabitants from a Covid-19 disease (coronavirus). Many people are currently ill. In order to slow down further expansion of the virus, the government imposed a contact ban. Therefore the contact to other people has to be reduced significantly. If possible, one should stay at home.

What am I not longer allowed to do?

- Visiting or meeting friends or my family
- Visit playgrounds or other public places such as parks or market-places
- Exercise outside in a group
- Attend events

What am I allowed to do?

- Go for a walk/meet outside in pairs
- Buy food
- Buy medication in a pharmacy
- attending doctor's appointments (but only very important appointments)
- Caring for family members in need of care
- Exercise alone outside

Who controls whether I adhere to the curfew?

- The police checks whether people adhere to the contact ban
- There is a penalty if you leave the apartment without permission

Where can I get more information?

- On the website of the Federal Ministry of Health: https://www.bundesgesundheitsministerium.de/coronavirus/coronavirus-leichte-sprache